

IDGN Supporter Newsletter - Winter 2024

Find full contact details for all staff on the back of this newsletter

Clare's
Abbey Dash



Sheila's 50 times
around the Tarn

"My volunteer has been a treasure. I can't thank you enough"

£50k in our sights

We are thrilled that individual volunteers, such as **Clare and Sheila** (above left) have been raising money for us through sponsored events and we will be cheering on **Penny**, our Vice Chair, who has signed up to do a 50km run and **Anita**, another Trustee, who will be swimming 50km.

If you fancy doing something for charity and would **consider having IDGN as your cause**, get in touch with Lucy. She is part of the team of staff and trustees working hard behind the scenes overseeing all the charity's efforts to raise the funds we need to run our services.

If you'd prefer to **join in with one of our events**, keep an eye out for another Quiz Night at Vitello Lounge in the coming months, a sponsored dip at White Wells and our big Celebration Event to finish off the fundraising year.

As you know, it is our goal to raise £50k during our 50th year. **Our running total is currently £11.3k**. Thank you to those who have contributed, this is a great amount so far, but we have a long way to go to reach the top!

Welcome to the second edition of our Supporter Newsletter, which we hope you will share widely with friends and family.

This time we've got updates on our fundraising, some exciting news about how IDGN is helping a whole new group of clients, a Trustee Spotlight on IDGN Treasurer, Ian, and lots of ways for you to continue to get involved.

All the best,
Ed Duguid
Chair of Trustees



"It makes such a difference to have my volunteer accompany me there and back to the Thursday Friendship Group, which I am thoroughly enjoying"

WAYS TO GIVE

Have you thought about supporting IDGN with a gift in your will? Get in touch with the team if you're interested in finding out how we can help with legacy giving.

News from our Team

Hopefully you will have seen the recent article in the Ilkley Gazette about our new **Dementia service**. We offer weekly drop-in sessions, usually on a Thursday morning, at Ilkley Library with our Dementia Advisor, Jenny. She also runs a twice-monthly **Well-being Café** on a Tuesday afternoon at the Clarke Foley Centre for people living with dementia and their carers. To find out more about this service, contact Jenny.



“Let’s dance!” Members of the Wellbeing Café enjoy an afternoon together

Do you know someone who would enjoy being part of a local friendship group for people aged over 70? We have spaces at our **Friendship Group** for conversation, signposting and speakers. The group meets each Thursday, 1:30-3pm, at the Clarke Foley Community Hub. Ring or email Hannah to find out more.

“I haven’t been coming very long but I do enjoy it. I am gradually getting to know more people.”

We have four complimentary tickets available for the **Great Yorkshire Christmas Fair** 28 Nov – 1 Dec. Drop the team an email if interested.
FIRST COME FIRST SERVED!

Our **Befriending Scheme** has capacity to take on some new clients! If you know an older person who lives independently and who could benefit from a regular befriender to provide some much needed companionship, with their consent, you can let Helen know and we will get in touch.

As always, we are continuing to support people to access their weekly shop. If you or someone you know needs **some assistance with their shopping**, contact Charlotte for a chat. Our volunteers can take someone to the shops or do their shopping for them.

Our friendship groups are busy making decorations which you can see at the wonderful **Christmas Tree Festival** at St Margaret’s Church in Ilkley. Pop along on 6th or 7th Dec and take a look at the IDGN tree, one of many decorated by local organisations.

Spotlight on... IDGN Treasurer



I'm Ian and I retired a year ago from a career as an electrical engineer and now find I have a second career in charity work. When I do get some spare time I enjoy walking, swimming and cycling.

All the money that IDGN receives comes from grants and donations and, along with the other trustees, I share the responsibility of ensuring this money is properly spent. My role is to keep track of all transactions, make sure the charity meets its legal requirements and satisfies its auditors at the end of each year.

A very regular task is ensuring that our volunteers, who incur costs, such as our shoppers, are promptly reimbursed, as well as getting bills paid on time and making sure the funds are there to get the staff paid.

I contribute to the fundraising efforts particularly when there is financial input needed for grant applications, as well as occasionally getting out and shaking a bucket, or card machine more likely. I've even put my money where my mouth is recently and set myself the challenge of swimming 50 lengths before breakfast for 50 days as my contribution towards raising £50k in IDGN's 50th year.

THANK YOU to all our volunteers and supporters, may you enjoy the festive season.

Other Useful Local Support

Volunteer driver services for **transport to medical, hospital or dental appointments** are available from two local organisations: Ilkley Community Transport on 01943 603348 and Burley Good Neighbours on 07949 793355.

The **Barclays Bank hub** runs weekly at the Clarke Foley Community Hub on a Thursday and Friday 9am to 4pm in the Wright Room. There's no cash or counter service but you can talk to a Barclays representative about your banking and Barclays app. No need to book, but an appointment service is available: www.barclays.co.uk/local

The Cinnamon Trust is a national Charity for older people, the terminally ill and their pets. They introduce volunteers to help with the day-to-day care of a pet when this has become difficult for the owner and secure its future. See www.cinnamon.org.uk.

Safe and Sound from Bradford Council is a personal safety system designed to support people living independently at home. Call 01274 435249 for more information and pricing.

“The volunteer couldn't have been more gracious and practical; the service is quite remarkable.”

Ways to support IDGN

Bistrot Pierre has been generous enough to once again make IDGN clients the recipients of its December offer. **If you're thinking of having a festive meal why not consider having it here.** For every meal booked for 6+ on a Sunday in December, Bistrot Pierre will offer a free meal during January.

Support our Thursday Friendship Group by **choosing us for your Tesco blue token** recipient at all the local stores.

We'd love all our supporters to **Like or Follow us on Facebook or Instagram** so our posts reach as many people as possible. Whilst our clients may not use social media, their families and friends are likely to and it's a great way to get the message out about what we offer.

Springs Lane Tesco is running a raffle to support the IDGN Well-being Café. **Buy your ticket in store until 30th November** to stand a chance of winning a Lay-z-spa, a luxury hamper, £100 Tesco voucher and other great prizes.

Are you well-organised, efficient and interested in helping to keep the charity in order? We are in need of an Honorary Secretary to **join our board of trustees**. We'd love to hear from you.

Buy your Christmas tree from Mortens and help raise much needed funds for IDGN as their chosen charity.

Register with easyfundraising, choose IDGN as your charity and generate donations each time you shop with your favourite brands. Find out more at www.easyfundraising.org.uk

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REGULATOR

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